## ONE STOP Shop

## A monthly drop in where families

can access free advice & support Pathway Navigator-ASD-ADHD & More School Nurse - Bed wetting Sleep Hygiene & More Housing - Preston City Council - Gateway **Citizen Advice Benefit Advice - DWP Emotional Health and Wellbeing** Debt Advice/Support **Employment advice - DWP Relationship advice** Home safety - Lancs Fire & Rescue **Free Funded Nursery Places** Lancashire Women Find out about: Mental health support **Accessing Food Banks** Household living support

No Appointment Needed

Last Tuesday of the month, 2pm 'until 4pm



Ribbleton Family Hub, Ribbleton Hall Drive, Ribbleton, Preston, PR2 6EE