

# Monday

## Development Matters

### followed by Mini Move and Groove

Ribbleton

Neighbourhood

Centre 9:30-11:00

### Chat, Play and Read

Preston East

Neighbourhood

Centre 9:30-11:00

### Colourful Footsteps

Ribbleton

Neighbourhood

Centre 1:00-2:30pm

### Mini Inside Out/ Inside

#### Out

Ribbleton

Neighbourhood

Centre 3:45-5:00pm

# Tuesday

## Infant Massage

followed by Baby

and You

Preston East

Neighbourhood

Centre 9:30-11:00

### Colourful Footsteps

Preston Central

Neighbourhood

Centre 1:00-2:30pm

### Chat, Play and Read

Preston East

Neighbourhood

Centre 1:00-2:30pm

### Healthy Relationships

Ribbleton

Neighbourhood

Centre 1:00-3:00

### Family Inside Out

The Hub at Grange

Park 3:30-5:00 pm

### SGO Support Group

St Lukes 3:30-

5:00pm

# Wednesday

## Baby and You

Ribbleton

Neighbourhood

Centre 9:30-11:00

## Baby and You

Preston West

neighbourhood

Centre 9:30-11:00

## Development

Matters followed by.

Mini Move and

Groove

Preston Central

Neighbourhood

Centre 9:30-11:00

## Moving Up

Moor Nook

Neighbourhood

Centre 3:45-5:15pm

# Thursday

## Infant Massage

Ribbleton followed

by Baby and You

Neighbourhood

Centre 9:30-11:00

## Parents to Be

Ribbleton

Neighbourhood

Centre 1:00-3:00pm

## Development

Matters

Foxton Centre

10:00-11:30

# Friday

## Development

Matters followed by.

Mini Move and

Groove

Preston East

Neighbourhood

Centre 9:30-11:00

### SGO Stay and Play.

St Lukes 9:30-

11:00am

**CALL TO BOOK A PLACE**  
Please contact the centre  
to book your place

**Ribbleton**

**01772 539444**

**Preston Central**

**01772 531948**

**Preston East**

**01772 539420**

**For Preston West, Teams**  
**or Moor Nook bookings**  
**please call any of the**  
**numbers above**

**For all other sessions**  
**please just come along**  
**and join in**



Preston Central  
Neighbourhood  
Centre, Brieryfield  
Road, Preston  
PR1 8SR

Preston East CFW  
Services, Brookfield  
Primary School,  
Watling Street Road,  
Preston PR2 6TU

Preston West CFW  
Services Ashton  
Primary School Site,  
Ainsdale Drive,  
Preston PR2 1TU

Ribbleton CFW  
Services Ribbleton  
Hall Drive  
Ribbleton Preston  
PR2 6EE

Moor Nook CFW  
Services  
Burholme  
Road Ribbleton  
Preston PR2 6HN

The Foxton Centre  
Off Knowsley  
Street Avenham  
Lane Preston  
PR1 3SA